



Island Trees Schools

Elementary Menu

September 2008



Mon	Tue	Wed	Thu	Fri
1	2	3 Grilled Cheese on Whole Wheat Tomato Soup Fruit	4 Hamburger/ Cheeseburger French Fries Carrots Fruit	5 Plain or Pepperoni Pizza Veggie Sticks w/dip Fruit
8 TACO DAY Hard or Soft Tacos with Fixins Fruit	9 Brunch for Lunch Scrambled Eggs Waffles Hash Browns Fruit	10 Spaghetti and Meatballs Italian Bread Green Beans Fruit	11 Nathan's Hot Dog Potato Puffs Sauerkraut/Corn Fruit	12 English Muffin Pizza Carrot and Celery Sticks Fruit
15 Chicken Nuggets Rice Corn Fruit	16 Pizza Bagel Sauce and Cheese on a Bagel Cucumber Slices Fruit	17 Macaroni and Cheese Dinner Roll Carrot Coins Fruit	18 Hamburger/ Cheeseburger French Fries Peas Fruit	19 Plain or Pepperoni Pizza Slice Garden Salad Fruit
22 Popcorn Chicken Mashed Potatoes Carrots Fruit	23 Brunch for Lunch Scrambled Eggs Pancakes Hash Browns Fruit	24 Pasta with Marinara Sauce & Cheese Sticks Green Beans Fruit	25 NACHO DAY Meat/Cheese Salsa/Lettuce Sour Cream/Chips Fruit	26 Pizza Nuggets Carrot and Celery Sticks Fruit
29 Chicken Nuggets Rice String Beans Fruit	30 Rosh Hashanah No School	<h1>Welcome Back!</h1>		

Lunch \$ 1.40

Daily Alternate Lunch
Sandwiches-Tuna Salad, Egg
Ham, Cheese Lettuce &
Tomato
Salad Shakers Available Daily

Choose Sensibly Snacks \$.50-\$1.00

Baked Chips, Popcorn,
Gold Fish, Sun Chips, Pretzels,
Graham Crackers, Animal
Crackers, Frozen Yogurt Cup,
Dixie Cup, Creamsicle, Ice
Cream Sandwich

Choice of Milk/Juice

1% chocolate
1% strawberry
1% white
skim milk
apple juice, orange juice
fruit punch, grape juice
Available Daily
Soup \$.65 / \$.80 cup
Bottle Water \$.50/ \$1.00
Fresh & Canned Fruit \$.50

Lunch Consists of:

Entrée
Choice of Vegetable/Soup
Choice of Fruit
Milk or Fruit Juice



Peggy McElhinney
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