



BULLDOG PRIDE
Athletic Highlights/Honors
Winter 2018

BASKETBALL- BOYS **Coach Mike Wimmer**

1. Nassau County Individual Awards

- Robert Acevedo All Conference, Nassau County Basketball Coaches Assoc. Top 40
- Nicholas Carita All Conference, All Tournament (South Side Holiday),
Nassau County Basketball Coaches Assoc. Top 40
- Ryan Kelly All Conference
- John Verdi All County, All Tournament (South Side Holiday),
Nassau County All Star Team, Nassau County Basketball Coaches
Assoc. Top 40

BASKETBALL- GIRLS **Coach Bob Kaible**

- 1. Scholar Athlete Team**
- 2. Co-Conference Champions**
- 3. Reached Quarter-Finals Round in Playoffs**
- 4. Nassau County Individual Awards:**

- Brianna Fitzgerald All County
- Melissa Holt All Conference
- Cathryn Kramer All County, All Defensive Team
- Julia Minafo All County Honorable Mention
- Kathryn Mullin All County Honorable Mention

BOWLING- BOYS **Coach Hector Aristy**

- 1. 3rd Place- Nassau County Tournament**
- 2. Senior Jacob Berchoff- Nassau County Tournament (Small Schools) Highest Game Honors- 219**
- 3. Nassau County Individual Awards**
 - Max Benson All Conference
 - Anthony Pellegrino All Conference

BOWLING- GIRLS **Coach Kieran Keyser**

1. Scholar Athlete Team
2. Junior Alyssa Behrens- Conference 7 Highest Game Honors- 219

CHEERLEADING **Coach Courtney Waller**

1. 3rd Place- Nassau Division II Small Schools
2. Nassau County Individual Awards
 - Hailey Clarke Coach's Award
 - Leila Koenig All Division
 - Nicolette Lisa Scholar Athlete
 - Angelina Ortiz All County

KICKLINE **Coach Melissa DiMarco**

3rd Place High Kick Routine- Long Island Scholastic Kickline Competition

WINTER TRACK- BOYS **Coaches Joe Manna/Will Frohnhoefer/Sarah Lambert**

1. Scholar Athlete Team
2. Nassau County Team Awards
 - a. **Conference Champions: 4 x 200M Relay:**
 - Stephen Craine
 - Rich Imbro
 - Matt Lardi
 - Matt Sellitto
 - b. **All Conference**
 - 4 x 800M Relay
3. Nassau County Individual Awards:
 - a. **County Champion**
 - Tom Zamroz Weight Throw
 - b. **All County**
 - Rich Imbro 300M
 - c. **Conference Champions**
 - Rich Imbro 300M
 - Tom Zamroz Shot Put
 - d. **All Conference**
 - Rich Imbro 55M
 - Justin Ortiz 3200M
 - e. **Frosh/Soph Champion**
 - Johnny Martinez Long Jump

WINTER TRACK- GIRLS**Coaches Joe Manna/Will Frohnhoefer/Sarah Lambert****1. Nassau County Team Awards****a. All Conference**

- 4 x 200M Relay
- 4 x 800M Relay

2. Nassau County Individual Awards:**a. Conference Champions**

- Cara Duffy 1000M & 1500M
- Courtney Martin Hurdles
- Gianna McGowan 55M

b. All Conference

- Rebecca Gersbeck Shot Put
- Gianna McGowan 300M
- Kristina Welsh Hurdles

c. Frosh/Soph Champions

- Cara Duffy 1000M
- Nicolette LoMonte Hurdles & Long Jump
- Alyssa Mayo Shot Put

All Frosh/Soph

- Rebecca Gersbeck Shot Put
- Erin Maguire 1000M
- Courtney Martin Hurdles

WRESTLING**Coach Lou Tuorto****1. Nassau County Individual Awards**

- Megan Anderson All Division
- Donald Arana All County, All Division
- Christian Barsotti All Division
- Precious Bolaji All Division
- Vincent Butrico All County, All Division
- Frank Caputo All Division
- Joseph Caputo All Division
- Jake Faiella All Division
- Vincent Giambona All Division
- Stephen Groenert All Division
- Anthony Molfetta All Division
- Johnny Najdek All Division
- Rich Ornellas All Division
- Mike Spitaletta All County, All Division
- Matt Warrington All Division