



BULLDOG PRIDE

Athletic Highlights/Honors

Spring 2018

OUTSTANDING MALE ATHLETE OF THE YEAR

- Nick Carita

OUTSTANDING FEMALE ATHLETE OF THE YEAR

- Alexis Quealy

BADMINTON **Coach Dan Haggerty**

BASEBALL **Coach Joe D'Auria**

1. Nassau County Individual Awards:

- Nicholas Carita All County
- Richard Imbro All Conference
- Ryan Kelly All League
- Joseph Zub All League

LACROSSE- BOYS **Coach Brendan Keesee**

1. Nassau County Individual Awards

- Chris McPherson Unsung Hero Award
- Christian Provenzano All Conference
- Mike Spitaletta All Conference, Honorable Mention All County

LACROSSE- GIRLS **Coach Justine Murtagh**

1. Nassau County Individual Awards

- Julia Andor Scholar Athlete
- Julia Minafo All Conference
- Kathryn Mullin All Conference
- Alexis Quealy Unsung Hero Award

SOFTBALL **Coach Frank Baglivo**

1. Playoff Quarterfinalists

2. Nassau County Individual Awards

- Megan Anderson Honorable Mention All County
- Julia DeVincenzo All Conference, Scholar Athlete
- Emily McDonald All Conference
- Jessica Najdek All Conference
- Gabriella Scharff All State, All Long Island, All County, Nassau County All Star
- Hannah Vogt All County, Nassau County All Star

TRACK & FIELD- BOYS**Coach Joe Manna**

1. Team All Division:

- 4 x 800M Relay- Brandon Hernandez, Justin Ortiz, Aiden Watson, Matt Zerbarini

2. Nassau County Individual Awards:**All County**

- Lawson Hohmann 200M

All Division Honorable Mention

- Nick Basile High Jump
- Yoon Ho Choi Discus
- Lawson Hohmann 200M
- Thomas Kratina IM/High Hurdles
- Justin Ortiz 160M
- Tommy Zamroz Shot Put
- Matt Zerbarini 3200M

TRACK & FIELD- GIRLS**Coach Fred DeRuvo**

1. Team All Division:

- 4 x 100M Relay- Rebecca Gersbeck, Brenna Glover, Courtney Martin, Gianna McGowan
- 4 x 400M Relay- Tara Donahue, Erin Maguire, Claudia Rodriguez, Kristina Welsh

2. Nassau County Individual Awards**County Champion**

- Cathryn Kramer- High Jump

Division Champions

- Cathryn Kramer- High Jump
- Tara Donahue- Discus, Shot Put

All State

- Gianna McGowan- 100M 5th, 200M 5th

All County

- Tara Donahue- Discus 3rd
- Natalie Johnston- Shot Put 3rd
- Cathryn Kramer- High Jump County Champ
- Courtney Martin- High Hurdles 3rd
- Gianna McGowan- 100M 3rd, 200M 3rd

All Division

- Tara Donahue- Discus, Shot Put
- Cathryn Kramer- High Jump
- Natalie Johnston- Shot Put
- Courtney Martin- IM Hurdles
- Gianna McGowan- 100M, 200M

All Division Honorable Mention

- Rebecca Gersbeck- Discus
- Nicolette Lomonte- High Hurdles, Long Jump
- Erin Maguire- 800M
- Courtney Martin- High Hurdles
- Kristina Welsh- High Hurdles

Section VIII Sportsmanship Award

- Tara Donahue