



Island Trees Schools

Secondary Menu

March 2010



Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Grilled Cheese Tomato Soup Fruit	Oven Baked Chicken Mashed Potatoes Corn Fruit	Meatballs with Pasta and Sauce Garlic Bread Garden Salad Fruit	Hamburger/ Cheeseburger French Fries Carrots Fruit	Plain, Veggie or Pepperoni Pizza Slice Green Bean Salad Fruit
8	9	10	11	12
Chicken Patty Spicy/Regular on a Bun Corn Fruit	Chicken Fajitas Peppers/Onions Salsa/Sour Cream Rice Fruit	Meatball Hero Antipasto Salad Fruit	Nathan's Hot Dog French Fries String Beans Fruit	Personal Pan Pizza Cucumber Slices Fruit
15	16	17	18	19
Nacho Day Meat/Cheese Lettuce/Salsa Sour Cream Fruit	Popcorn Chicken Bowl Gravy/Potatoes Cheese/Corn Fruit	Pasta and Meat Sauce Italian Bread Salad Fruit	Sliders! Mini Hamburgers on a Soft Roll Tater Tots/Peas Fruit	French Bread Pizza Celery and Carrot Sticks Fruit
22	23	24	25	26
Chicken Patty on a Whole Wheat Roll Broccoli Fruit	Chicken Quesadilla Rice Corn Fruit	Cheese Ravioli with Sauce Garlic Bread Garden Salad Fruit	BBQ Pulled Pork French Fries Carrots Fruit	Stuffed Crust Pizza Cucumber Slices Fruit
29	30	31	1	2
<i>Spring Recess Schools Closed</i>				

Lunch \$1.60

Daily Alternatives

Sandwiches-Tuna,Egg Salad, Ham&Cheese, Cheese, Lettuce & Tomato

Assorted Salads Available Daily

Boars Head Heros

Available Daily \$ 3.50

Choose Sensibly

Snacks \$.50-\$1.00

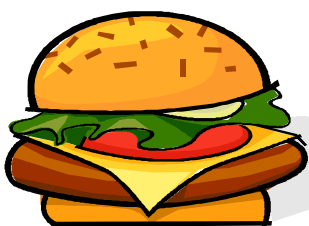
Baked Chips, Popcorn, Gold Fish, Sun Chips, Pretzels Graham Crackers, Pop Tarts, 100 Calorie Packs, Nutri Grain Bars,

Choice of Milk/Juice

1% chocolate
1% strawberry
1% white
skim
2% white

Available Daily

Soup \$.65/ \$.80 cup
Bottled Water \$1.00
Fresh and Canned Fruit \$.50



Peggy McElhinney
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