

Island Trees Schools

Secondary Menu

February 2010



Washington



Lincoln

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Chicken Patty on a Bun Rice Carrots Fruit	Grilled Cheese Tomato Soup Fruit	Meatballs with Pasta and Sauce Garlic Bread Garden Salad Fruit	Hamburger/ Cheeseburger French Fries Corn Fruit	Personal Pan Pizza Celery and Carrots Fruit
8	9	10	11	12
Taco Day Meat/Cheese Lettuce/Salsa Sour Cream Fruit	Popcorn Chicken Bowl Gravy/Potatoes Cheese/Corn Fruit	Meatball Hero Cucumber Slices Fruit	Nathan's Hot Dog Tater Tots Sauerkraut Fruit	Plain, Veggie or Pepperoni Pizza Slice Green Bean Salad Fruit
15	16	17	18	19
<h1>Winter Recess</h1>				
22	23	24	25	26
Chicken Patty Plain or Parmesan Veggie Sticks Fruit	Chicken Fajitas Peppers/Onions Salsa/Sour Cream Rice Fruit	Pasta Alfredo Italian Bread Broccoli Fruit	BBQ Pulled Pork French Fries Corn Fruit	Stuffed Crust Pizza Cucumber Slices Fruit

Lunch \$1.60

Daily Alternatives

Sandwiches-Tuna,Egg Salad,
Ham&Cheese, Cheese, Lettuce
&Tomato

**Assorted Salads Available
Daily**

Boars Head Heros

Available Daily \$ 3.50

Choose Sensibly

Snacks \$.50-\$1.00

Baked Chips, Popcorn,
Gold Fish, Sun Chips,Pretzels
Graham Crackers,Pop Tarts,
100 Calorie Packs,Nutrigrain
Bars,

Choice of Milk

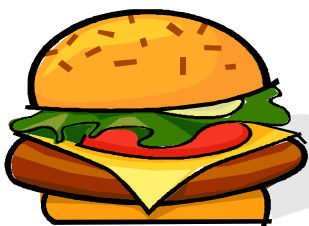
1% chocolate
1% strawberry
1% white
skim
2% white

Choice of Juice

apple
orange
fruit punch
grape

Available Daily

Soup \$.65/ \$.80 cup
Bottled Water \$1.00
Fresh and Canned Fruit \$.50



Peggy McElhinney
Director of Food Services
520-2145

