



Island Trees Schools

Elementary Menu

September 2009



Mon	Tue	Wed	Thu	Fri
		9	10	11
		Chicken Nuggets Rice Corn Fruit	Hamburger/ Cheeseburger Tater Tots Carrots Fruit	Plain or Pepperoni Pizza Slice Tossed Salad Fruit
14	15	16	17	18
TACO DAY Meat/Cheese Lettuce/Salsa Sour Cream Fruit	Grilled Cheese with or without Ham Tomato Soup Fruit	Meatballs and Spaghetti Italian Bread Cucumber Slices Fruit	Nathan's Hot Dog Potato Puffs Sauerkraut Fruit	Mini Pizza Bagels Celery and Carrot Sticks Fruit
21	22	23	24	25
Chicken Fingers Mashed Potatoes Carrot Coins Fruit	Brunch for Lunch Scrambled Eggs Pancakes Hash Browns Fruit	Macaroni and Cheese Dinner Roll Broccoli Fruit	Hamburger/ Cheeseburger French Fries Corn Fruit	Plain or Pepperoni Pizza Slice Green Salad Fruit
28	29	30		
Yom Kippur No School	Chicken Patty on a Whole Wheat Bun Peas Fruit	Pasta with Sauce and Meatballs Italian Bread Green Beans Fruit		
Welcome Back!				

Lunch \$ 1.40

Daily Alternate Lunch
Sandwiches-Tuna Salad, Egg
Salad, Ham & Cheese,
Cheese, Lettuce & Tomato,
Turkey, Bologna
Lunch Salads Available Daily

Choose Sensibly

Snacks \$.50-\$1.00

Baked Chips, Popcorn,
Gold Fish, Sun Chips, Pretzels,
Graham Crackers,

Choice of Milk/Juice

2% white
1% chocolate
1% strawberry
1% white
skim milk
apple juice, orange juice
fruit punch, grape juice

Available Daily

Soup \$.65 / \$.80 cup
Bottle Water \$.50/ \$1.00
Fresh & Canned Fruit \$.50

Lunch Consists of:

Entrée
Choice of Vegetable/Soup
Choice of Fruit
Milk or Fruit Juice



Peggy McElhinney
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