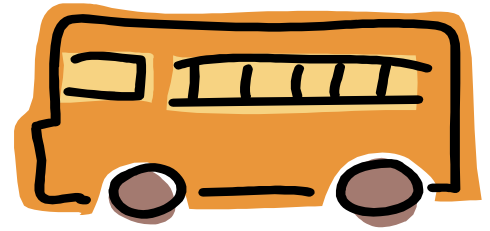




Island Trees Schools Elementary Menu September 2011



Mon	Tue	Wed	Thu	Fri
<h1>Welcome Back!</h1>				
5	6	7	8	9
Labor Day No School	Chicken Nuggets Fluffy Rice Carrot Coins Fruit	Grilled Cheese Tomato Soup Fruit	Hamburger/ Cheeseburger Baked Tater Tots Corn Fruit	Plain, Veggie or Pepperoni Pizza Slice Cucumber Slices Fruit
12	13	14	15	16
Chicken Tacos Hard or Soft Salsa/Sour Cream Cheese/Lettuce Fruit	Brunch for Lunch Sausage Patty Pancakes Hash Brown Fruit	Baked Pasta w/Cheese and Marinara Sauce Tossed Salad Fruit	Sloppy Joe Sliders on a Soft Roll Corn Fruit	Mini Pizza Hot Pockets Pepper Strips w/dip Fruit
19	20	21	22	23
Popcorn Chicken Mashed Potatoes String Beans Fruit	Nacho Day Beef/Cheese Salsa/Lettuce Sour Cream/Chips Fruit	Macaroni & Cheese Dinner Roll Carrot Coins Fruit	Chicken Patty on a Flaky Biscuit Mixed Veggies Fruit	Plain, Veggie or Pepperoni Pizza Slice Celery&Carrots Fruit
26	27	28	29	30
Grilled Cheese w or w/o Ham Tomato Soup Fruit	Brunch for Lunch Sausage Patty Waffles Hash Brown Fruit	Spaghetti and Meat Sauce Italian Bread String Bean Salad Fruit	Rosh Hashanah No School	Rosh Hashanah No School

Lunch \$ 1.40

Daily Alternate Lunch
Sandwiches-Tuna Salad, Egg Salad, Ham & Cheese, Cheese, Lettuce & Tomato
Lunch Salads Available Daily

Choose Sensibly Snacks \$.50-\$1.00

Baked Chips, Popcorn, Gold Fish, Sun Chips, Pretzels, Graham Crackers,

Choice of Milk/Juice

2% white
1% chocolate
1% strawberry
1% white
skim milk
apple juice, orange juice
fruit punch, grape juice

Available Daily

Soup \$.65 / \$.80 cup
Bottle Water \$.50/ \$1.00
Fresh & Canned Fruit \$.50

Lunch Consists of:

Entrée
Choice of Vegetable/Soup
Choice of Fruit
Milk or Fruit Juice



Peggy McElhinney
Director of Food Services
520-2145

