



Island Trees Schools Elementary Menu October 2011



Mon 3	Tue 4	Wed 5	Thu 6	Fri 7
Popcorn Chicken Mashed Potatoes Carrots Fruit	"Souper Lunch" Mozzarella Cheese Sticks Tomato Soup Fruit	Pasta and Meatballs Celery and Carrot Sticks Fruit	Hamburger/ Cheeseburger Tater Tots Corn Fruit	Plain, Veggie or Pepperoni Pizza Slice Cucumber Slices Fruit
10	11	12	13	14
Columbus Day No School	Tangerine Chicken Rice Broccoli Chinese Noodles Fruit	Macaroni and Cheese Dinner Roll Peas Fruit	Chicken Patty on a Soft Roll Carrots Fruit	English Muffin Pizza Garden Salad Fruit
17	18	19	20	21
Chicken Nuggets Rice Carrots Fruit	Brunch for Lunch Sausage Patty Pancakes Hash Brown Fruit	Spaghetti and Meat Sauce Italian Bread String Bean Salad Fruit	BBQ Pulled Pork Sliders Corn Fruit	Plain, Veggie or Pepperoni Pizza Slice Celery & Carrots Fruit
24	25	26	27	28
Chicken Tenders Mashed Potatoes Corn Fruit	Taco Day Beef/Cheese Salsa/Lettuce Sour Cream Fruit	Baked Pasta w/Cheese and Marinara Sauce Tossed Salad Fruit	Open-faced Hot Turkey Sandwich Gravy/Corn Fruit	Pizzeria Style Pizza Cucumber Slices w/dip Fruit
Happy Halloween Bat Shaped				
Chicken Nuggets Monster Mashed Potatoes Creepy Corn				

Lunch \$ 1.40

Daily Alternate Lunch
Sandwiches-Tuna Salad, Egg
Salad, Ham & Cheese,
Cheese, Lettuce & Tomato
Lunch Salads Available Daily

Choose Sensibly Snacks \$.50-\$1.00

Baked Chips, Popcorn,
Gold Fish, Sun Chips, Pretzels,
Graham Crackers,

Choice of Milk/Juice

2% white
1% chocolate
1% strawberry
1% white
skim milk
apple juice, orange juice
fruit punch, grape juice

Available Daily

Soup \$.65 / \$.80 cup
Bottle Water \$.50/ \$1.00
Fresh & Canned Fruit \$.50

Lunch Consists of:

Entrée
Choice of Vegetable/Soup
Choice of Fruit
Milk or Fruit Juice



Peggy McElhinney
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