



Island Trees Schools Elementary Menu November 2009



Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
Chicken Nuggets Rice Carrots Fruit	 Conference Day No School	Spaghetti and Meatballs Italian Bread Cucumber Slices Fruit	Brunch for Lunch Scrambled Eggs Waffle Sticks Hash Browns Fruit	Plain or Pepperoni Pizza Slice Celery & Carrots Fruit
9	10	11	12	13
Grilled Cheese Tomato Soup Fruit	Nathan's Hot Dog Tater Tots Corn Fruit	Veteran's Day No School	Homemade Turkey Soup w/a Large Soft Pretzel Fruit	French Bread Pizza Tossed Garden Salad Fruit
16	17	18	19	20
Chicken Nuggets Rice Carrots Fruit	Taco Day Meat/Cheese Lettuce/Salsa Rice/Corn Fruit	Spaghetti and Meatballs Italian Bread Cucumber Slices Fruit	Hamburger/Cheeseburger Potato Wedges String Beans Fruit	Plain or Pepperoni Pizza Slice Celery & Carrots Fruit
23	24	25		
Grilled Cheese Tomato Soup Fruit	Conference Day No School	Holiday Brunch Sausage/Eggs Cheese on a Roll Hash Browns Fruit	Thanksgiving Recess No School	Thanksgiving Recess No School
30				
Early Dismissal No Lunch Served				

Lunch \$ 1.40

Daily Alternate Lunch
Sandwiches-Tuna Salad, Egg Salad, Ham&Cheese, Ch Lettuce&Tomato
Lunch Salads Available Daily

Choose Sensibly Snacks \$.50-\$1.00

Baked Chips, Popcorn, Gold Fish, Sun Chips, Pretzels, Graham Crackers,

Choice of Milk/Juice

2% white
1% chocolate
1% strawberry
1% white
skim milk
apple juice, orange juice
fruit punch, grape juice

Available Daily

Soup \$.65 / \$.80 cup
Bottle Water \$.50/ \$1.00
Fresh & Canned Fruit \$.50

Lunch Consists of:

Entrée
Choice of Vegetable/Soup
Choice of Fruit
Milk or Fruit Juice



Peggy McElhinney
Director of Food Services
520-2145

