



Island Trees Schools

Elementary Menu

March 2010



| Mon | Tue | Wed | Thu | Fri |
|--|---|---|--|--|
| 1 | 2 | 3 | 4 | 5 |
| Grilled Cheese Tomato Soup Fruit | Taco Day Meat/Cheese Lettuce/Salsa Corn Fruit | Cheese Ravioli Marinara Sauce Italian Bread Green Beans Fruit | Hamburger/ Cheeseburger Oven Fries Corn Fruit | Plain,Veggie, or Pepperoni Pizza Slice Carrot Sticks Fruit |
| 8 | 9 | 10 | 11 | 12 |
| Chicken Nuggets Rice Carrots Fruit | Brunch for Lunch Scrambled Eggs Pancakes Hash Browns Fruit | Pasta with Sauce and Meatballs Bread/Salad Fruit | Nathan's Hot Dog Oven Fries Corn Fruit | English Muffin Pizza Cucumber Slices Fruit |
| 15 | 16 | 17 | 18 | 19 |
| Cheese Stick Lunch With Tomato Soup Fruit | Homemade Turkey Soup with a Large Soft Pretzel Fruit | Macaroni and Cheese Dinner Roll Broccoli Fruit | Sliders! Mini Hamburgers on a Soft Roll Carrots Fruit | Plain,Veggie or Pepperoni Pizza Slice Garden Salad Fruit |
| 22 | 23 | 24 | 25 | 26 |
| Chicken Nuggets Mashed Potatoes String Beans Fruit | Brunch for Lunch Scrambled Eggs Waffles Hash Browns Fruit | Pasta with Sauce and Meatballs Bread/Salad Fruit | Taco Day Meat/Cheese Lettuce/Salsa Corn Fruit | French Bread Pizza Celery and Carrot Sticks Fruit |
| <h1>Spring Break</h1> | | | | |

Lunch \$ 1.40

Daily Alternate Lunch
Sandwiches-Tuna Salad, Egg
Salad, Ham&Cheese, Ch
Lettuce&Tomato
Lunch Salads Available Daily

Choose Sensibly Snacks \$.50-\$1.00

Baked Chips, Popcorn,
Gold Fish, Sun Chips, Pretzels,
Graham Crackers,

Choice of Milk/Juice

2% white
1% chocolate
1% strawberry
1% white
skim milk
apple juice, orange juice
fruit punch, grape juice

Available Daily

Soup \$.65 / \$.80 cup
Bottle Water \$.50/ \$1.00
Fresh & Canned Fruit \$.50

Lunch Consists of:

Entrée
Choice of Vegetable/Soup
Choice of Fruit
Milk or Fruit Juice



Peggy McElhinney
Director of Food Services
520-2145

