



Island Trees Schools

Elementary Menu

December 2009



Mon	Tue	Wed	Thu	Fri
	1	2	3	4
	Grilled Cheese Tomato Soup Fruit	Spaghetti and Meatballs Italian Bread Garden Salad Fruit	Nathan's Hot Dog Potato Wedges Corn Fruit	Plain or Pepperoni Pizza Slice Celery & Carrots Fruit
7	8	9	10	11
Chicken Nuggets Rice Peas Fruit	Brunch for Lunch Scrambled Eggs Pancakes Hash Browns Fruit	Pasta w/ Sauce and Meatballs Bread/Salad Fruit	Hamburger/ Cheeseburger Tater Tots Carrots Fruit	French Bread Pizza Tossed Garden Salad Fruit
14	15	16	17	18
Popcorn Chicken Mashed Potatoes Carrots Fruit	Homemade Turkey Soup with a Large Soft Pretzel Fruit	Cheese Ravioli Tomato Sauce Italian Bread Green Beans Fruit	Taco Day Meat/Cheese Lettuce/Salsa Rice/Corn Fruit	Plain or Pepperoni Pizza Slice Cucumber Slices Fruit
21	22	23	24	25
Chicken Nuggets Mashed Potatoes Corn Fruit	Brunch for Lunch Scrambled Eggs Waffles Hash Browns Fruit	Cheese Stick Lunch with Tomato Soup Fruit	Holiday Recess No School	Holiday Recess No School
28	29	30	31	
Holiday Recess				

Lunch \$ 1.40

Daily Alternate Lunch
Sandwiches-Tuna Salad, Egg Salad, Ham&Cheese, Ch Lettuce&Tomato
Lunch Salads Available Daily

Choose Sensibly Snacks \$.50-\$1.00

Baked Chips, Popcorn, Gold Fish, Sun Chips, Pretzels, Graham Crackers,

Choice of Milk/Juice

2% white
1% chocolate
1% strawberry
1% white
skim milk
apple juice, orange juice
fruit punch, grape juice

Available Daily

Soup \$.65 / \$.80 cup
Bottle Water \$.50/ \$1.00
Fresh & Canned Fruit \$.50

Lunch Consists of:

Entrée
Choice of Vegetable/Soup
Choice of Fruit
Milk or Fruit Juice



Peggy McElhinney
Director of Food Services
520-2145

