

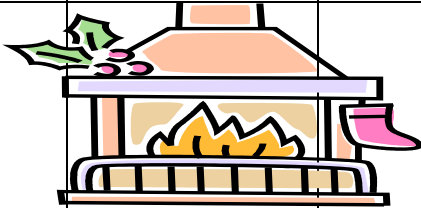


Island Trees Schools

Secondary Menu

December 2011



Mon	Tue	Wed	Thu	Fri
			1	2
			Spicy Chicken Patty on a Roll French Fries Carrots Fruit	Personal Pan Pizza Celery and Carrot Sticks Fruit
5	6	7	8	9
Chicken Tacos Hard or Soft Salsa/Sour Cream Cheese/ Lettuce Fruit	Cheese Stick Lunch with Tomato Soup Fruit	Pasta and Meatballs Garlic Bread Tossed Salad Fruit	Hamburger/ Cheeseburger French Fries Corn Fruit	Plain, Veggie Or Pepperoni Pizza Slice Cucumber Slices Fruit
12	13	14	15	16
Popcorn Chicken Bowl Potatoes/Gravy Cheese/Corn Fruit	Nathans Hot Dog Sauerkraut Beans Fruit	Pasta Alfredo Italian Bread Broccoli Fruit	BBQ Pulled Pork Sliders French Fries Cole Slaw Fruit	Stuffed Crust Pizza Celery and Carrot Sticks Fruit
19	20	21	22	23
Teriyaki Chicken and Rice Bowl Broccoli Fruit	Nachos Grande Beef/Cheese Salsa/Lettuce Sour Cream/Chips Fruit	Pasta and Meatballs Garlic Bread Garden Salad Fruit	Chicken Patty on a Roll French Fries String Bean Salad Fruit	Pizza Party Assorted Pizza Choices Veggie Sticks Fruit
26	27	28	29	30
<h1>Holiday Recess</h1>				

Lunch \$1.60

Daily Alternatives

Tuna Salad, Egg Salad, Ham & Cheese, Sunbutter and Jelly, Turkey, Cheese, Lettuce & Tomato

Milk Choices

1% chocolate
1% strawberry
1% white
skim

Available Daily

Soup \$.85 & \$1.00 cup
Bottled Water \$1.00
Fresh Fruit



High School Café



The Garden Spot

Pre - Packaged Salads

Available Daily \$1.60

Monday

Crispy/Spicy Chicken

Tuesday

Greek Salad

Wednesday

Chef Salad

Thursday

Caesar Salad

Friday

Antipasto Salad

Pizza Pizza



Fresh Pizza Selection

Available Daily

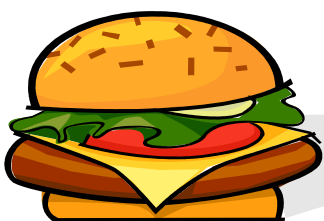
Bulldog Deli



Boar's Head Deli Bar

Sandwiches made to

Order \$4.00



Peggy McElhinney
Director of Food Services
520-2145

Menu Subject to Change

