

**ISLAND TREES PUBLIC SCHOOLS  
HEALTH SERVICES**

The following regulations have been established by the School health council in order to control the spread of communicable disease, insure rapid recovery, and guard against complications.

It is advisable to keep a child home from school (and, if necessary, consult your family physician), when the child has any symptoms of illness including the following:

elevated temperature or chills	enlarged glands	earache
reddened or discharging eyes	skin eruption	headache
nausea or vomiting	sore throat	diarrhea
runny nose	coughing	dizziness

The school nurse will require that a child who is ill be returned to the home. Transportation is not provided in these circumstances.

A child with a suspicious skin or scalp condition will be excluded from school until seen by a physician and treatment prescribed. A child with conjunctivitis must be excluded until a physician has approved attendance.

Children returning to school after recovery from a communicable disease will report to the nurse. If there is evidence of continued disease, the child will not be permitted to remain in school.

**NO CHILD MAY ATTEND SCHOOL USING CRUTCHES WITHOUT A DOCTOR'S NOTE STATING THE CHILD CAN ATTEND SCHOOL ON CRUTCHES WITHOUT HAZARD TO HIMSELF OR OTHERS.** If the injury necessitates a cast, a note must also state the date the student may return to school.

If transportation is needed, a **SEPARATE PHYSICIAN'S NOTE** should indicate if the request is for a regular bus or special transportation (door to door service). The note should also include the diagnosis and length of time for transportation. **STUDENTS ON CRUTCHES MUST HAVE SPECIAL TRANSPORTATION.** Such request should be taken to the health office at the Memorial Middle School.

Upon return from an injury or illness, the student must report directly to the health Office and submit a note from a physician indicating the extent, duration and limitation of physical activity or physical education.

**STUDENTS ARE NOT ALLOWED, AT ANY TIME, TO CARRY ANY KIND OF MEDICATION ON THEIR PERSON.** Any medication to be taken during the school day must be administered by the school nurse, be kept in the Health Office, and be accompanied by a **PHYSICIAN'S NOTE AND PARENT REQUEST** for its administration. Forms can be obtained in the Health Office.

Home teaching is available. A **PHYSICIAN'S NOTE** requesting home teaching should be taken to the Health Office at the Memorial Middle School. A **PHYSICIAN'S NOTE** is required for the student to return to school.

First aid and first care for illness or injury that occur in school or on school grounds will be provided in school. First aid is immediate treatment only. Further care must be provided by the family or a physician.

Please do not send your child to the nurse for an opinion regarding an illness or injury. The members of the school health staff are not permitted to offer diagnosis, change dressings, or treat injuries other than to administer first aid.

These regulations have been established to protect the health and safety of all our school children.

HEALTH OFFICES:	SPARKE	516-520-2129	MIDDLE SCHOOL	516-520-2164
	STOKES	516-520-2106	HIGH SCHOOL	516-520-2148