



**BULLDOG PRIDE**  
**Athletic Highlights/Honors**  
**Winter 2017**

**BASKETBALL- BOYS**

**Coach Mike Wimmer**

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1. **Nassau County Individual Awards:**
  - Nicholas Carita                      All Conference
  - Kevin Dixon                            All County
  - Ryan Kelly                              All Conference
  - John Verdi                              All County, All Section

**BASKETBALL- GIRLS**

**Coach Bob Kaible**

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1. **Scholar Athlete Team**
2. **Reached Quarter-Finals Round in Playoffs**
3. **Nassau County Individual Awards:**
  - Brianna Fitzgerald                  All County
  - Cathryn Kramer                      All County
  - Julia Minafo                            All County Honorable Mention
  - Kristie Najdek                        All County Honorable Mention
  - Jaimee Napolitano                  Scholar Athlete
  - Catherinze Zamroz                  All County Honorable Mention

**BOWLING- BOYS**

**Coach Hector Aristy**

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1. **3<sup>rd</sup> Place in League Competition**
2. **Qualified for Nassau County Tournament**
3. **Senior Frank Nacovsky- Top 30 Average in Nassau County (197 average)**
4. **Nassau County Individual Awards**
  - Max Benson                            All League
  - Justin Lucchi                            All Division
  - Andrew Muscarello                  All Division
  - Frank Nacovsky                        All Division

**BOWLING- GIRLS**

**Coach Kieran Keyser**

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1. **Scholar Athlete Team**

**CHEERLEADING****Coach Courtney Waller**

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1. **3<sup>rd</sup> Place- Nassau County Championship**
2. **Nassau County Individual Awards**
  - Alyssa Brand All County
  - Alexa Gonzalez Scholar Athlete
  - Heather McCabe Coach's Award
  - Reva Moran All County
  - Caitlyn Robinson All Division

**KICKLINE****Coach Melissa DiMarco**

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1. **Scholar Athlete Club**
2. **3<sup>rd</sup> Place Pom/3<sup>rd</sup> Place Hip Hop- Long Island Scholastic Kickline Competition**

**WINTER TRACK- BOYS****Coach Fred DeRuvo**

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1. **Team All Conference: 4 x 200M**
2. **Nassau County Individual Awards:**
  - All County**
    - Tom Zamroz Weight Throw
    - Tom Zamroz Shot Put

**All Conference**

- Jake Martin 55M
- Tom Zamroz Shot Put

**Honorable Mention- All Conference**

- Rich Imbro 300M
- Matt Lardi 55M
- Ryan Maggio Long Jump
- Ryan Maggio Triple Jump
- Ric Masi Shot Put
- Ryan Mott 55 High Hurdles

**WINTER TRACK- GIRLS****Coach Katie DeRuvo**

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1. **Scholar Athlete Team**
2. **County Champions: 4 x 800 Meter Relay:**
  - Gabrielle Cardillo
  - Cara Duffy
  - Erin Maguire
  - Marissa Murphy
3. **County Champions Runners Up: 4 x 400 Meter Relay**
  - Melissa Cunningham
  - Tara Donahue
  - Brenna Glover
  - Catherine Zamroz
4. **Team All Conference:**
  - 4 x 800M
  - 4 x 400M

**5. Nassau County Individual Awards:**

**All Long Island (Freshman Division)**

- Melissa Cunningham (8<sup>th</sup> grader) 300M

**All Conference**

- Cara Duffy 1000M
- Erin Maguire 1000M
- Courtney Martin 55 High Hurdles

**Honorable Mention- All Conference**

- Melissa Cunningham 55 M
- Tara Donahue 600M
- Rebecca Gersbeck Shot Put
- Brenna Glover 300M
- Brittany Jenkofsky High Jump
- Natalie Johnston 55 High Hurdles
- Domenique Masi 55 High Hurdles
- Marissa Murphy 1000M
- Kristina Welsh High Jump

**WRESTLING**

**Coach Lou Tuorto**

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**1. Nassau County Individual Awards**

- Donald Arana All Division
- Tyler Butrico All County, All Division
- Vincent Butrico All County, All Division
- Joseph Cuartas All Division
- Aaron Guerrero All Division
- Scott Mills All Division
- Rich Ornellas All Division
- Mike Spitaletta All Division