Map: Physical Education 7th & 8th Type: Diary Grade Level: 7 School Year: 2005-2006

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Created: **06/20/2006** Last Updated: **06/20/2006**

	Essential Questions	Content	Skills	Assessments	Standards/PIs	Resources/Notes
Unit 1		A. Cooperation among teammates B. Knowledge of game scoring, positions, field markings C. Cooperative learning strategies for all players D. Pass patterns E. Spatial awareness in the passing game F. Progressive point scoring system	A. Designed plays and uses them effectively B. Described boundaries for game play C. Demonstrated proper passing skill D. Memorized pass patterns E. Expressed concerns for safety F. Explained the point scoring system	A - F Description of target hand use for catching A - F Observation of student by teacher as to proper skill techniques A - F Demonstration of correct field position for offense and defense	HPEFACS1- K2-2B HPEFACS1- K2-2C HPEFACS2- K2-2A HPEFACS2- K2-2F HPEFACS2- K2-2C HPEFACS2- K2-2C HPEFACS2- K2-2C HPEFACS2- K2-2D HPEFACS3- K2-2A HPEFACS3- K2-2A	
Unit 2		A. Goalie's 2 defensive positions B. Markings on court (in bounds, out of bounds, crease, top & side boxes). C. Ways to score a point and number of points for a win. D. Rules and strategies of defense. E. Teamwork F. Safety for reaction ball	A. Identified all player positions B. Described boundaries and rules governing possesion C1. Applied point scoring system C2. Formulated creative ways to score within the rules D. Demonstrated use of space and successful defensive stops E. Used teammates effectively to get everyone involved in scoring. F. Measured success of others by fair play and cooperation	B1. Checklist by student of rules A. Interview students on the roles of each player (offense/defense/goalie/postman) B2. Description of court markings by students to teacher C1, C2. List ways to score D,E,F. Applied through game like observation	HPEFACS1- K2-2A HPEFACS1- K2-2C HPEFACS1- K2-2F HPEFACS2- K2-2A HPEFACS2- K2-2B HPEFACS2- K2-2C HPEFACS2- K2-2D HPEFACS2- K2-2E HPEFACS3- K2-2B	
Unit 3		A. Juggling patterns B. Safety in the gym consists of knowing boundaries and keeping equipment put away-if equipment is dropped then you are responsible for it to be picked up and put away C. Focus and concentration development D. Self discipline awareness	A1. Repeated, recalled, memorized three ball pattern A2. Exhibited three ball cascade pattern A3. Exhibited reverse three ball cascade pattern B. Identified and explained safety procedures C. Prepared and related to multi tasking D. Supports individual progression and achievement	A-D Observation of student by instructor as to proper skill techniques A - D. Demonstration of correctly performed task and station goal	HPEFACS1- K2-2C HPEFACS1- K2-2E HPEFACS2- K2-2A HPEFACS2- K2-2C HPEFACS2- K2-2C HPEFACS2- K2-2C HPEFACS3- K2-2C HPEFACS3- K2-2C	

	Essential Questions	Content	Skills	Assessments	Standards/PIs	Resources/Notes
Unit 4	Juggling - same as November					
Unit S		A. Forearm pass, overhead pass, spike, tip, serve B. Basic concept - pass, set, hit C. Rules and court markings D. Scoring system	A. Explained how to advance the ball using appropriate skills B. Demonstrated and practiced ball and foot movement D. Used appropriate scoring system C. Identified court markings and what used for	A-D. Demonstration, observation through play	HPEFACS1- K2-2A HPEFACS1- K2-2B HPEFACS1- K2-2C HPEFACS2- K2-2A HPEFACS2- K2-2B HPEFACS2- K2-2C HPEFACS2- K2-2C HPEFACS2- K2-2C HPEFACS2- K2-2C HPEFACS3- K2-2A HPEFACS3- K2-2B HPEFACS3- K2-2B HPEFACS3- K2-2C	
Unit 6		A. Individual moves B. Form shootingBalance, Eyes, Elbows, Follow through C. Scoring system	A1. Recognized and performed the pivot A2. Recognized and performed jab steps A3. Recognized and performed head/shoulder and ball fake A4. Recognized and performed power drive A5. Recognized and performed power step away A6. Recognized and performed the Larry Bird move A7. Recognized and performed cross over drive A8. Recognized and performed cross over drive A8. Recognized and performed cross over step away A9. Recognized and performed fake/pivot/shoot B. Demonstrated the B-E-F- method (Balance, Elbow, Eyes, Follow through) C. Formulated creative ways to score within the rules	A-C Play, observation and demonstration of the individual move game	HPEFACS1- K2-2A HPEFACS1- K2-2B HPEFACS1- K2-2C HPEFACS2- K2-2A HPEFACS2- K2-2B HPEFACS2- K2-2C HPEFACS2- K2-2C HPEFACS2- K2-2C HPEFACS3- K2-2A HPEFACS3- K2-2A HPEFACS3- K2-2A	

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7		A. circuit training	A - E Related to the	A - E Charts workout on	HPEFACS1-	
Unit 7		B. toning	importance of fitness for life	worksheet	K2-2A	
		C. proper technique	A - E performed the various exercises	A - E Demonstration A - E Observation	HPEFACS1- K2-2C	
		D. aerobic and anaerobic exercises	A & D made use of a pedometer	A E Observation	HPEFACS1- K2-2D	
		E. Safety	A - E Demonstrated the fitness circuit		HPEFACS1- K2-2E	
					HPEFACS2- K2-2A	
					HPEFACS2- K2-2C	
					HPEFACS2- K2-2D	
					HPEFACS2- K2-2E	
					HPEFACS3- K2-2A	
					HPEFACS3- K2-2B	
					HPEFACS3- K2-2C	
Unit 8		A. Scoring System	A. Used appropriated	A. List ways to score	HPEFACS1- K2-2B	
Š			scoring system	B2 Observation of student by teacher as to proper skill techniques	HPEFACS1- K2-2C	
		B. Rules and court markings	B1. Defined boundaries of court	B1 Demonstration of correct court position	HPEFACS1- K2-2F	
		C Sonyo forobord	B2. Practiced good sportsmanship when calling games	C - D3 Demonstration serving, forehand and backhand	HPEFACS2- K2-2A	
		C. Serve, forehand, backhand, spins	C. Identified the serve, backhand and forehand	A -D3 Checklist by student of rules	HPEFACS2- K2-2B	
		D. Strategies	hitting methods for game play	or rules	HPEFACS2- K2-2C	
			D1. Recognized and performed the Volley for		HPEFACS2- K2-2D	
			serve game		HPEFACS2- K2-2E	
			D2. Recognized and performed the Front\Back game		HPEFACS3- K2-2C	
			D3. Recognized and performed the Left\Right		HPEFACS3- K2-2A	
			Game		HPEFACS3- K2-2B	
					HPEFACS3- K2-2C	
σ ±		A. Rules and field markings	A. Performed Over the Line game, successfully	A - E Play, observation and demonstrate the Over the	HPEFACS1- K2-2A	
Fied		B. Scoring system C. Batting	B. Used appropriate scoring system	Line game	HPEFACS1- K2-2B	
		D. Baserunning	C. Demonstrated proper batting technique		HPEFACS1- K2-2C	
		E. Fielding	D. Demonstrated proper baserunning technique		HPEFACS1- K2-2F	
			E. Demonstrated proper fielding technique		HPEFACS2- K2-2A	
			g cominque		HPEFACS2- K2-2B	
					HPEFACS2- K2-2C	
					HPEFACS2- K2-2D	
					HPEFACS2- K2-2E	
		l			HPEFACS3-	

		K2-2A	
		HPEFACS3- K2-2B	
		HPEFACS3- K2-2C	

L		Essential Questions	Content	Skills	Assessments	Standards/PIs	Resources/Notes
	Unit 10	Over the line - continued					

Key to Standards used in this Map

HPEFACS1-K2-2A [5 occurences] - HPEFACS Standard 1 - Key Idea 2 [Physical Education] - Performance Indicator 2A - demonstrate competency in a variety of physical activities (games, sports, exercises) that provide conditioning for each fitness area. [Intermediate]

HPEFACS1-K2-2B [5 occurences] - HPEFACS Standard 1 - Key Idea 2 [Physical Education] - Performance Indicator 2B - know that motor skills progress in complexity and need to be used in the context of games and sports with additional environmental constraints. [Intermediate]

HPEFACS1-K2-2C [8 occurences] - HPEFACS Standard 1 - Key Idea 2 [Physical Education] - Performance Indicator 2C - combine and integrate fundamental skills and adjust technique based on feedback, including self-assessment. [Intermediate]

HPEFACS1-K2-2D [1 occurence] - HPEFACS Standard 1 - Key Idea 2 [Physical Education] - Performance Indicator 2D - understand the relationship between physical activity and the prevention of illness, disease, and premature death. [Intermediate]

HPEFACS1-K2-2E [2 occurences] - HPEFACS Standard 1 - Key Idea 2 [Physical Education] - Performance Indicator 2E - develop and implement a personal fitness plan based on self-assessment and goal setting, understand physiological changes that result from training, and understand the health benefits of regular participation in activity. [Intermediate]

HPEFACS1-K2-2F [6 occurences] - HPEFACS Standard 1 - Key Idea 2 [Physical Education] - Performance Indicator 2F - develop leadership, problem solving, cooperation, and team work by participating in group activities. [Intermediate]

HPEFACS2-K2-2A [8 occurences] - HPEFACS Standard 2 - Key Idea 2 [Physical Education] - Performance Indicator 2A - understand the risks of injury if physical activity is performed incorrectly or performed in extreme environmental conditions, and recognize the importance of safe physical conditions (equipment, facilities) as well as the emotional conditions essential for safety [Intermediate]

HPEFACS2-K2-2B [7 occurences] - HPEFACS Standard 2 - Key Idea 2 [Physical Education] - Performance Indicator 2B - develop skills of cooperation and collaboration, as well as fairness, sportsmanship, and respect for others. [Intermediate]

HPEFACS2-K2-2C [8 occurences] - HPEFACS Standard 2 - Key Idea 2 [Physical Education] - Performance Indicator 2C - work constructively with others to accomplish a goal in a group activity, demonstrating consideration for others involved. [Intermediate]

HPEFACS2-K2-2D [8 occurences] - HPEFACS Standard 2 - Key Idea 2 [Physical Education] - Performance Indicator 2D - understand the physical and environmental dangers associated with particular activities and demonstrate proper procedures for safe participation in games, sports, and recreational pursuits. [Intermediate]

HPEFACS2-K2-2E [8 occurences] - HPEFACS Standard 2 - Key Idea 2 [Physical Education] - Performance Indicator 2E - understand the role of physical activity, sport, and games as a balance between cooperative and competitive behaviors and as a possible arena in which to develop and sharpen leadership and problem solving skills, and understand the physical, emotional, and social benefits of participation in physical activities. [Intermediate]

HPEFACS3-K2-2A [7 occurences] - HPEFACS Standard 3 - Key Idea 2 [Physical Education] - Performance Indicator 2A - should be informed consumers, aware of the alternatives available to them within their communities for physical activity and should be able to evaluate facilities and programs available. [Intermediate]

HPEFACS3-K2-2B [7 occurences] - HPEFACS Standard 3 - Key Idea 2 [Physical Education] - Performance Indicator 2B - demonstrate the ability to locate physical activity information, products, and services. [Intermediate]

HPEFACS3-K2-2C [7 occurences] - HPEFACS Standard 3 - Key Idea 2 [Physical Education] - Performance Indicator 2C - know some career options in the field of physical fitness and sports. [Intermediate]