



ISLAND TREES PUBLIC SCHOOLS  
**Adult Community Education**  
*Spring Session 2017*

*The Adult Community Education program is for all persons 18 years or older.  
 All courses are 8 to 12 weeks depending on the class dates. Please check the calendar on Page 2 for the class sessions on the days of the week you have selected. Due to insurance regulations, all students must be registered to attend classes.  
Under enrolled classes will be cancelled.*

**BASKETBALL**

1. **MONDAY** (7:00 PM-9:00 PM)  
 Middle School, Small Gym  
 Instructor: Alan Krull  
 FEE: \$35.00 Residents



This course is designed to provide an opportunity to maintain and improve basketball skills. Informal participation in full-court games will be an important part of this program. You are advised to check with your family doctor if you have any doubt about your physical condition. **CLASS LIMIT 20**

**BODY SCULPTING**

2. **TUESDAY** (8:00 PM-9:00 PM)  
 Middle School, Small Gym  
 Instructor: Kathy Magnus  
 FEE: \$35.00 Residents



A class designed to challenge all the muscles of your upper and lower body with simple and effective exercises that target trouble spots such as upper arms, mid-back, hips, thighs, buns, abs and waistline. **Please bring exercise mat and hand weights**

**COMMUNITY CHORUS**

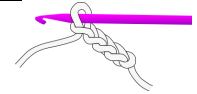
3. **TUESDAY** (7:00 PM-9:00 PM)  
 Stokes Elementary Room 101  
 Instructor: Chet Lazzara  
 FEE: \$35.00 Residents



Do you love to sing? Join your friends and neighbors in a relaxed atmosphere of song and music. All ages are welcome! *No Auditions*, just a desire to become part of our community choral group. Performances at ITHS in Winter and Spring

**READY, SET, LET'S CROCHET**

4. **MONDAY** (7:00 PM-8:00 PM)  
 Middle School, Room 161  
 Instructor: Barbara Pando  
 FEE: \$35.00 Residents



This class welcomes all that desire to create beautiful, crocheted homemade items. You will learn the fundamental stitches and also how to read crochet pattern instructions. In this program you will learn how to crochet a lovely "lap-ghan" (blanket).  
 Materials needed: 7 skeins of #4 medium weight yarn in the color of your choice; N-15 U.S. crochet hook; Tapestry (yarn) needle 7 scissors. **CLASS LIMIT 15**

**SEWING**

5. **MONDAY** (7:00 PM-9:00 PM)  
 Middle School, Room 182  
 Instructor: Maureen Martin  
 FEE: \$35.00



This course is designed for beginners as well as students with light sewing experience who wish to learn, refresh or add to their basic skills. Emphasis will be on understanding pattern envelopes, learning to read pattern instructions, use of sewing machines, tool usage, sewing techniques, and much more.  
 Projects will include curtains, baby gifts, placemats, basic garments, and simple quilting squares. Bring your own portable machine to learn on and get comfortable with.

**SEWING ADVANCED**

6. **WEDNESDAY** (7:00 PM-9:00 PM)  
 Middle School, Room 182  
 Instructor: Maureen Martin  
 FEE: \$35.00



This course is designed for the more experienced in sewing. Also for those who have taken the basic sewing course previously.  
**LIMIT 10 IN CLASS.**



**WALK AEROBICS**

**8. TUESDAY (7:00 PM-8:00 PM)**  
 Middle School, Big Gym  
 Instructor: Kathy Magnus  
 FEE: \$35.00 Residents



**9. THURSDAY (7:00 PM-8:00 PM)**  
 Middle School, Big Gym  
 FEE: \$35.00 Residents

These classes are especially designed to accelerate the cardiovascular system in order to burn off "those calories" without placing undue strain on knees, ankles, backs, and other body parts.

**ZUMBA**

**10. WEDNESDAY (7:00 PM-8:00 PM)**  
 Middle School, Big Gym  
 Instructor: Kathy Magnus  
 Fee: \$35.00 Residents



**11. THURSDAY (8:00 PM-9:00 PM)**  
 Middle School, Big Gym  
 Instructor: Kathy Magnus  
 Fee: \$35.00 Residents

Zumba (Registered Trademark) is a Latin-inspired dance fitness program that blends international music and contagious steps to form a calorie burning "Fitness Party". The instructor is licensed and registered with Zumba.

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**COMMUNITY PROGRAMS**

**BOCES - ADULT LEARNING CENTER**  
**(ESL & GED )**

Located at 3100 Hempstead Turnpike, Levittown NY  
 Call 516-622-5623 for further information or go to  
**[www.alc.adultednassau.org](http://www.alc.adultednassau.org)**



**ARE THERE CLASSES TONIGHT???**

Classes will not meet whenever school is closed because of holiday, recesses or weather. Instructors are responsible for informing their class members when they cannot meet with them because of illness or other reasons. *If more than one class is missed, makeup classes will be scheduled.* Emergency conditions developing after 2:00 PM will be announced by **radio stations WHLI(1100 AM) and WCBS(880 AM) and CABLEVISION NEWS CHANNEL 12** or check our **website at [www.Islandtrees.org](http://www.Islandtrees.org)**

***CLASS CALENDAR Spring 2017***

Use this reference calendar for attendance and days off for all classes.

	<u>M</u>	<u>T</u>	<u>W</u>	<u>TH</u>
<b>January</b>	30	31		
<b>February</b>	6 * * 27	7 14 * 28	8 15 * 29	9 16 * 2
<b>March</b>	6 13 20 27	7 14 21 28	8 15 22 29	9 16 23 *
<b>April</b>	3 * * *	4 * * 25	5 * 20 26	6 * 21 27
<b>May</b>	1	2	3	4

*\*Denotes no classes that date*

# REGISTRATION PROCEDURES

**DUE TO INSURANCE REGULATIONS, ALL  
STUDENTS MUST BE  
REGISTERED TO ATTEND CLASSES.**

**REGISTER EARLY!** Late registrants could be closed out of classes. Space in many classes is limited. Under enrolled classes may be cancelled. **Register by mail or in person at: Karopczyc School, between 8:00AM and 3:00PM. Registration will not be held at the first class.**

**MAIL REGISTRATION is encouraged** since courses are filled on a first-come first-served basis. ***In courses which are oversubscribed, residents of Island Trees will be given preference.*** There is a non-resident fee of \$10.00 per class.

1. Make a copy of your driver's license or utility bill to prove residency in Island Trees. **Persons who do not provide this must include a non-residency fee of \$10.00 per course.**
2. Attach above to a completed registration form with name of course, course number, residency information and a ***check payable to "Island Trees Public Schools"*** Be sure to include tuition fee for all courses, out-of-district fees or proof of residency. *Your cancelled check is receipt for the course.*

**Mail forms to:**

**I.T. COMMUNITY EDUCATION  
74 FARMEDGE ROAD  
LEVITTOWN NY 11756-5202**

You may register by mail, or register in person at the Karopczyc School at any time in the Registration Office 8AM to 3PM.

***Registrations without proof of residency OR the \$10 out-of-district fee, will be returned.***

**Island Trees Adult Education Registration  
(Must include Proof of Residency or the \$10 Out of District Fee)**

Mrs. \_\_\_\_\_  
Miss \_\_\_\_\_  
Mr. \_\_\_\_\_

Last Name (Print)	First Name	Telephone
Address		Post Office Zip
Name of course(s)	Course #	Amount
_____	[   ]	\$ _____
_____	[   ]	\$ _____
_____	[   ]	\$ _____
<b>Non-Resident fee of \$10 per class (or enclose proof of residency)</b>		\$ _____
<b>TOTAL ENCLOSED</b>		\$ _____

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**Island Trees Adult Education Registration  
(Must include Proof of Residency or the \$10 Out of District Fee)**

Mrs. \_\_\_\_\_  
Miss \_\_\_\_\_  
Mr. \_\_\_\_\_

Last Name (Print)	First Name	Telephone
Address		Post Office Zip
Name of course(s)	Course #	Amount
_____	[   ]	\$ _____
_____	[   ]	\$ _____
_____	[   ]	\$ _____
<b>Non-Resident fee of \$10 per class (or enclose proof of residency)</b>		\$ _____
<b>TOTAL ENCLOSED</b>		\$ _____

**\*\*NO REFUNDS ISSUED AFTER FIRST CLASS DATE\*\***  
*You will NOT be notified of acceptance.  
 Proceed directly to class as indicated in the brochure.  
 You will be notified ONLY if class is canceled or oversubscribed.*



**ISLAND TREES UFSD**  
Administrative Offices  
74 FARMEDGE RD  
LEVITTOWN NY 11756

*Non-Profit Organization*  
*US Postage*  
*PAID*  
*PERMIT #180*  
*Island Trees Public Schools*

# **ISLAND TREES ADULT COMMUNITY EDUCATION**

## **Spring 2017**

### **MAP OF SCHOOLS**

